

## Office of Developmental Programs' Virtual Training Offerings April, May, & June 2019 ODP Announcement 19-023

### AUDIENCE:

Administrative Entities, Supports Coordination Organizations and Agencies, Other Service Providers, and Other Professionals Supporting Individuals with Autism, Intellectual Disabilities, and Other Developmental Disabilities

### PURPOSE:

To announce the upcoming schedule of virtual trainings and virtual office hours April, May, and June 2019

### DISCUSSION:

The Office of Developmental Programs (ODP) is pleased to announce updates to the schedule of virtual trainings and virtual office hours during the months of January, February, and March 2019. This alignment of the training schedule for all ODP programs provides courses for Supports Coordination Organizations and Agencies, Other Service Providers, and Other Professionals Supporting Individuals with Autism, Intellectual Disabilities, and Other Developmental Disabilities. Please see the links for updates for the GoTo Webinars listed below

**REGISTER TODAY! NOTE: Pre-registration for each session you want to attend is required.**

**Please review the schedule below for detailed information about individual training topics, dates and times, and intended audience.**

**To register, click on the linked title of each training you plan to attend. Once you preregister, you will receive an email with instructions to participate, including a new link to join the meeting.**

Please share this information with other staff within your agency who would benefit from participating.

**HOW TO ACCESS TRAININGS:**

ODP uses **GoTo Webinar** for Virtual Targeted Trainings (VTTs).

Each scheduled VTT offered will have its own unique registration link. You must pre-register for each training that you plan to attend by clicking the linked title of the training. Once you preregister, you will receive an email with instructions to participate, including a new link to join the meeting.

*It is recommended that you register in advance to ensure you receive the meeting reminder.*

Please note: Attendees will have the option to call into the webinar by phone, in addition to participating online and using the chat feature.

For questions about this announcement, email: [ra-pwodptraining@pa.gov](mailto:ra-pwodptraining@pa.gov)

**A Guide to Virtual Office Hours vs. Virtual Targeted Training**

**Virtual Office Hours (VOH)**

- Interactive dialogue opportunity to field questions related to a specific topic
- Not recorded or posted
- One-time opportunity to participate live

**Virtual Targeted Training (VTT)**

- Traditional virtual training presented using a PowerPoint (lecture format)
- Will be recorded and posted
- Little to no opportunity to answer questions unless time permits at the end

## April, May, and June 2019 Training Schedule

Date & Time	VOH or VTT	Topic	Audience	Description
4/2/19 9:30-11:00am	VOH	<a href="#"><u>Goal Attainment Scaling Check-In</u></a>	BAS: All Providers	A brief update on Goal Attainment Scaling (GAS) in BAS programs will be provided. Frequently asked questions and any real time technical assistance will be addressed.
4/25/19 1-3pm	VOH	<a href="#"><u>Deaf Services Coordinator Available to Answer Questions</u></a>	All professionals in the field	Bring your questions about deaf individuals you serve to ODP's Deaf Services Coordinator. We will be available to answer any questions you may have about deaf culture, deaf sensitivity, and best practices when working with deaf individuals.
4/30/19 4-5pm	VOH	<a href="#"><u>Incident Management Check-In</u></a>	BAS: All Providers	A brief update will be provided related to the upcoming 6100 regulation changes to incident management. Concerns specific to the BAS programs will be addressed in order to assist providers in improving incident reporting. Opportunity for technical assistance (excluding IT or technology related issues) will also be provided.
5/15/19 1-3pm	VOH	<a href="#"><u>Is This restrictive?</u></a>	All professionals in the field	This session will provide an overview of the proposed 6100 regulations on restrictive procedures and an opportunity to ask questions about allowable restrictive interventions and how to get them approved.
5/23/19 1-2pm	VTT	<a href="#"><u>Harry M. Communication Assessment Report</u></a>	BCS: AEs, SCOs, and Providers	For those who work with a Harry M. class member, this training will walk you through the Communication Assessment Report (CAR) and common recommendations addressed in this report, as well as its impact on the ISP, services notes, and next steps. Questions related to Harry M. class members will be answered during this training as well.

<b>Date &amp; Time</b>	<b>VOH or VTT</b>	<b>Topic</b>	<b>Audience</b>	<b>Description</b>
<b>5/30/19 1-2pm</b>	VTT	<u>Supporting Families to Answer Difficult Questions</u>	All professionals in the field	“What will happen to my child when I am not here?” This training will review how to support families to answer this difficult question in preparing for the future of their loved ones. We will also look at examples and resources that can help with this process.
<b>6/6/19 1-2pm</b>	VTT	<u>Autism and Anxiety</u>	All professionals in the field	We know there is a distinct intersection between autism and anxiety. Research has shown that anxiety is not just a facet of the core symptoms of autism, but can also co-occur as a separate diagnosis. This training will talk about the presentation of anxiety for people with autism and discuss treatment approaches and strategies to address the anxiety.
<b>6/20/19 1-2pm</b>	VTT	<u>Identifying Stressors and How to Support Staff through the Day-to-Day Challenges</u>	All professionals in the field	This training will help staff and the agencies they represent to recognize the stressors of the day-to-day work, while continuing to positively support individuals. Strategies for agencies to assist staff in navigating these situations will be shared.
<b>6/26/19 2:30-3:30pm</b>	VTT	<u>Sexuality in the Participant’s Workplace</u>	All professionals in the field	This introductory training examines the infrequently discussed topic of sexuality in the workplace and includes a discussion on how individuals interpret behavioral cues from others, appropriate expression of the individual's own sexuality, and additional strategies to help protect the individual, while assisting them to achieve success in the workplace.
<b>6/27/19 1-2:30pm</b>	VTT	<u>Nonverbal Communication: Myths and Misconceptions</u>	All professionals in the field	Nonverbal Communication is surrounded by inaccurate beliefs, which can impact the way we interact with and support individuals. For individuals that communicate nonverbally, it’s important for professionals to know how to identify and avoid misconception. This session will review the myths and misconceptions of nonverbal communication to help professionals arrive at an accurate understanding.